Analysis of Spiral Lattice Girder Shape
in preparation for HSR Speed Increase

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Abstract
A spiral lattice girder-reinforced Bi-block sleeper which has enhanced durability against increasingly growing impact force and vibration by wheel load and improved structural performance while train runs at 350km/h high speed is hereby proposed. The section of a spiral lattice girder has stable and superior structural performance thanks to its confinement effect. To compare and analyze the structural performance of spiral lattice girder-reinforced bi-block sleeper, strain and stress distribution were evaluated after applying same load condition as existing triangular lattice girder-reinforced bi-block sleeper, and to compare the structural performance of triangular lattice girder and spiral lattice girder, structural analysis of lattice girder was performed separately. As a result, a spiral lattice girder proved to have had superior structural characteristics to bi-block sleeper, and furthermore as a result of evaluating the fastener interface and constructibility with shape-improved lattice girder, no interference with existing railroad structure was found and in terms of cost efficiency, a spiral lattice girder appeared to be superior to existing lattice girder.

Keywords: High speed railroad, Spiral lattice girder, Bi-block sleeper, Confinement effect, Durability

1. Introduction
1.1 Need for improving the shape
In a bid to maximize such advantage of high speed railroad (HSR) as eco-friendly and mass transport, competition to increase the speed has been emerged globally and domestically, the train running 400 km/h or faster has been developed and technical development in preparation for HSR system at 350 km/h or faster has been accelerated. Particularly in some HSR-manufactured countries, railroad industry has been promoted as the main target at the government-level to take initiative in global HSR market, causing severe competition.

Technical development of HSR infrastructure for HSR operation has also been accelerated. HSR system shall secure the design & construction technologies including such infrastructure as track, tunnel or bridge, besides the rolling stock. Currently, next-generation railroad vehicle (HEMU-430x) has been developed and under test & commissioning and the effort to develop the track infrastructure technologies have been made. The maximum operation speed of the trains including Gyeongbu HSR in Korea and in Europe, USA, Japan and China is around 300 km/h and they have built concrete sleeper developed to accommodate such speed level.

Various sleeper structures are used for train running at 300 km/h level and the types are mostly a single block sleeper which has same shape as wooden type and a bi-block sleeper having a block-type part for rail support. The sleeper for HSR is mostly reinforced concrete sleeper (reinforced with steel mesh or rebar) for the purpose of reducing maintenance cost. But the sleeper currently used for HSR track was designed for 300 km/h level, which means, it would not be appropriate for the speed more than 350 km/h. When a train runs at 350 km/h or faster, impact force and vibration on sleeper through rail by wheel load would rapidly increase and moreover repeated cycle of wheel load on sleeper through rail would increase in proportion to speed, causing durability to be weakened inevitably by fatigue failure.
Excessive impact force and vibration have direct effect on sleeper, causing the cracks in sleeper which supports the rail which results in deteriorated durability of the sleeper and frequent replacement. Reduced life cycle of the sleeper causes the maintenance cost to go up which is unfavorable in terms of cost efficiency.

A spiral lattice girder-reinforced bi-block is hereby proposed to ensure the sleeper will maintain the sufficient durability against the increasingly growing impact force and vibration in line with increased train speed more than 350 km/h.

1.2 Summary of spiral lattice girder

Existing sleeper is reinforced with triangular lattice girder for concrete block reinforcement and connection between blocks. A triangular lattice girder has the section with open bottom and thus it serves the spacer which maintains the interval of main horizontal reinforcement which is fixed to top and bottom of triangular lattice, a spiral lattice girder reinforced with spiral lattice has the section in closed round shape with vertically-extended section enveloping the concrete structure so that it serves the spacer which maintains the interval of main horizontal reinforcement as well as absorbs the impact and vibration from the vehicle running on rail. A continuous spiral lattice structure has stable and superior structural function to uniformly distribute the vehicle load from the rail to the ground, which is attributable to confinement effect while spiral lattice envelops and combines the concrete inside. Confinement effect of spiral lattice girder increases the compressive strength of concrete, thereby further enhancing the structural.

Comparison in shape between triangular lattice girder bi-block sleeper and spiral lattice girder bi-block for HSR is made as follows.

2. Improvement of Lattice Girder Shape (Proposed)

2.1 Characteristic of spiral lattice girder

Concrete inside continuous spiral structure receives compressive strength while being confined by spiral lattice and thus confinement effect is naturally created. As spiral lattice with steel wire having high tensile strength and concrete with high compressive strength are confined each other, the greater the compressive strength the higher the constraint effect in proportion.

Compressive force is generated by wheel load at all times inside the sleeper and thus the sleeper reinforced with spiral lattice has the effect inside the sleeper that generates composite core in round section by steel-concrete composite of spiral lattice and concrete as shown in Fig 2. Composite core confined by spiral lattice has the relatively greater rigidity than surrounding non-composite concrete.

As seen in Fig 3, composite core functions to convey the compressive force from rail to the ground. Thus it could be optimized by reinforcing the bottom of composite core with flexural reinforcement to make it cost efficient structural reinforcement.

Wheel load conveyance mechanism of spiral lattice-reinforced sleeper is as follows.

1) Wheel load on top of rail 2) Wheel load conveyed to concrete sleeper through rail bottom 3) Concrete sleeper receives compressive force while spiral lattice confines the concrete inside 4) Confinement effect is generated as spiral lattice with tensile strength-resistant steel wire (rebar) and compressive force-resistant concrete confine each 5) A composite core in round section formed with spiral lattice and concrete is formed 6) Load is distributed to the ground through composite core.

2.2 Comparison and analysis of structural performance of improved bi-block sleeper

To compare the structural performance of spiral lattice-
reinforced sleeper, strain and stress distribution were evaluated after applying same load condition as existing triangular lattice girder-reinforced bi-block sleeper applied to HSR.

Bi-block sleeper was evaluated in a way to conform the interaction between concrete and lattice girder using a model integrating concrete and lattice girder and analysis model was carried out by modeling the half of bi-block sleeper for linear static structural analysis and analysis result was compared.

The section was assumed to be composite beam (lattice girder + concrete) in rectangular section comprising concrete thickness including ballast layer (TCL, Track Concrete Layer) which fixes the bi-block sleeper and bi-block width and composite spring coefficient to composite beam floor was applied as boundary condition.

MIDAS-CIVIL 2012 was used as structural analysis software.

2.2.1 Components of Bi-block sleeper analysis model
The shape of spiral lattice girder and triangular lattice girder is as Fig. 4 and the material properties are as Table 1.

Analysis model in Fig. 5 was made using commercial software MIDAS-CIVIL. The load condition was defined as Fig. 6. 37.68 kN/mm was adopted as composite spring coefficient referring to Bundang line (Wangshimri~Seolreung) double track breakdown. Elastic coefficient corresponding to Fck 50 Mpa was applied to the section where the concrete was placed in advance and 30 Mpa to the section to be placed later. Rigid link element was applied to rail location and Solid TETRA to concrete element and for lattice girder, joint was shared using beam element so that concrete and lattice girder behave in three dimensionally.

For sleeper weight, self weight in MIDAS was applied and concrete block was disregarded despite of the load 0.3204 kN because of relatively smaller load than others. 62.5 kN was applied as Vertical load (HL25) by applying a single lattice girder and 15.625 kN was applied as horizontal load (HL25) by applying a single lattice girder.

2.2.2 Analysis result
As a result of analysis, maximum stress of concrete occurred at the bottom of TCL (Track Concrete Layer) and when assuming maximum stress of triangular lattice girder as 100%, spiral lattice girder was reduced to 68%.

Given TCL concrete strength is 30 MPa, it’s within the tolerable level and as 50 MPa high strength concrete is used for rail fastening part, it would be safe against wheel
load. Stress analysis result of concrete is as Fig. 7.

Maximum stress of lattice girder occurred on horizontal reinforcement and when assuming maximum stress of triangular lattice girder as 100%, spiral lattice girder was reduced to 90%.

Maximum stress occurred on horizontal reinforcement of lattice girder was attributable to flexural moment by wheel load. Lattice girder stress analysis result is as Fig. 8.

Strain on sleeper of triangular lattice girder and spiral lattice girder was very insignificant which may be disregarded, which indicated sleeper strain by wheel load was very small and thus the structure is optimal to constrain the concrete crack, extend the service life of sleeper as well as minimize the maintenance.

Interaction between concrete and lattice girder was confirmed using analysis model (finite element model) which integrates lattice girder and concrete.

As a result of comparing spiral lattice girder-reinforced sleeper with existing triangular lattice girder-reinforced sleeper, structural performance was similar satisfying the requirement but spiral lattice girder-reinforced sleeper was improved than triangular lattice girder-reinforced sleeper.

According to the analysis result of spiral lattice girder, conclusion was it has more optimal structure to reinforce concrete reinforcement of spiral lattice girder, which...
means the new type of spiral lattice girder which will replace triangular lattice girder was developed.

2.3 Comparison of structural performance of lattice girders

To compare the structural performance of triangular lattice girder and spiral lattice girder more specifically, structural analysis of lattice girder was conducted separately. A linear static structural analysis was conducted by modeling the half of lattice girder and analysis result was compared.

2.3.1 Components of analysis model of lattice girder

The shape of spiral lattice girder and triangular lattice girder is as Fig. 4 and the properties are as Table 1 and load condition as Fig. 6. Analysis model completed is as Fig. 10.

2.3.2 Analysis model

When comparing maximum stress on horizontal reinforcement on top and bottom of both lattice girders, maximum stress was occurred in both cases on joint between horizontal reinforcement on top and bottom and lattice and assuming the maximum stress of triangular lattice girder as 100%, maximum stress level of spiral lattice girder was reduced to 53.4%. And on triangular lattice girder, the stress was concentrated on specific point while the stress was uniformly distributed over entire horizontal reinforcement. Such result was attributable to load dispersion effect of spiral lattice and thus spiral lattice girder when used would distribute

![Spiral lattice girder analysis model](image1)

![Triangular lattice girder analysis model](image2)

**Fig. 10** Lattice girder finite element analysis mode

![Maximum stress on horizontal reinforcement of spiral lattice girder](image3)

![Maximum stress on horizontal reinforcement of triangular lattice girder](image4)

**Fig. 11** Maximum stress on horizontal reinforcement

maximum stress was occurred in both cases on joint between horizontal reinforcement on top and bottom and lattice and assuming the maximum stress of triangular lattice girder as 100%, maximum stress level of spiral lattice girder was reduced to 59.3%. And on triangular lattice girder, the stress was concentrated on specific point while the stress was uniformly distributed over entire horizontal reinforcement of spiral lattice girder, which indicated spiral lattice-reinforced sleeper had more improved bending-resistant structural performance and is able to convey greater wheel load. Maximum stress analysis result on horizontal reinforcement on top and bottom of lattice girder models is as Fig. 11.

When comparing maximum stress on horizontal reinforcement of both lattice girders, maximum stress in both cases was occurred on inclined lattice. Assuming the maximum stress of triangular lattice girder as 100%, maximum stress of spiral lattice girder was reduced to 59.3%. And on triangular lattice girder, the stress was concentrated on specific point while the stress was uniformly distributed over entire horizontal reinforcement. Such result was attributable to load dispersion effect of spiral lattice and thus spiral lattice girder when used would distribute
wheel load uniformly over entire sleeper to the ground which will help enhance the durability of the sleeper. Maximum stress analysis result of lattice girder model is as Fig. 12.

When it comes to maximum strain (deflection), a large strain occurred locally on specific point of triangular lattice girder as indicated in Fig 12, while distributed uniformly on entire part of spiral lattice girder.

Assuming the maximum strain of triangular lattice girder as 100%, maximum strain of spiral lattice girder was reduced to 24.8%. Such small strain (deflection) distributed uniformly over entire part was attributable to load dispersion effect of continuous spiral structure. Thus when a sleeper is reinforced with a spiral lattice girder, strain in concrete would be minimized accordingly.

Finite element analysis of a triangular lattice girder used for 300 km/h HSR and a spiral lattice girder proposed for 350 km/h was conducted for analysis by comparing. As a result, a spiral lattice girder was found to have had more structural stability. Particularly, spiral lattice-reinforced concrete sleeper showed improved structural performance, conveying greater wheel load than a triangular lattice girder and load dispersion effect of spiral lattice girder enhanced the durability of concrete block and minimized the crack in concrete.

Besides, a spiral lattice girder-reinforced sleeper formed a composite core structure by confinement effect while concrete and spiral lattice are integrated, which further enhances the structural performance of concrete sleeper. Thus when applying spiral lattice-reinforced concrete sleeper is used for 350 km/h or faster HSR, it would minimize the maintenance effort as well as reduce the life cycle cost (LCC).

3. Fastener Interface by Improving Lattice Girder Shape (Proposed)

3.1 Review of interference with rail fastener

When applying improved Bi-Block (proposed) no interference occurred as a result of reviewing the interference with rail fastener as seen in Fig. 14.

Interference would possibly be occurred with rail fastener or reinforcement before and after embedding but as no interference occurred when applying a spiral lattice girder, it may replace the triangular lattice girder.

3.2 Review of insulator interval

As shown in Fig 15, review of interval of insulator when applying improved Bi-block sleeper was made.
Though the interval of insulator needed to be adjusted partly, it may be adjusted within the maximum interval (195 mm) and thus no interference with a spiral lattice.

4. Review of Constructibility and Cost Efficiency after Improving Lattice Girder

4.1 Cost efficiency

Improvement of Bi-block is intended to enhance the structural performance by modifying lattice girder reinforcing the concrete and thus no significant change in cost efficiency is estimated.

But as the shape is changed to spiral from triangular pattern, there may be some differences in material volume and cost efficiency was reviewed in such change. And as other material such as concrete and rail fastener, except lattice girder, remain unchanged, no comparison was made with other material.

A triangular lattice to be compared with comprises one top bar, 2 bottom bars and 2 lattices as seen in Fig. 16.

Spiral lattice girder comprises one top bar, one bottom bar and one lattice as seen in Fig. 17.

Structural performance and quantity of triangular lattice girder are as Table 2 and Table 3.

Spiral lattice girder which will replace triangular lattice...
girder uses high strength steel member to secure the structural performance and reduce the quantity and the structural performance was compared with existing spiral lattice girder within the range to satisfy the structural performance evaluation result through structural analysis after setting the combination below.

Top bar was 550 MPa high strength wire in diameter 12 and the quantity of bottom bar was reduced to the half but using 550 MPa high strength wire. Lattice bar diameter was reduced to 6 and the interval was also reduced to the half but using 550 MPa high strength wire. Structural performance of spiral lattice girder is as Table 4.

As a result of comparing the allowable tensile strength of top and bottom bar which convey the flexural moment by wheel load on sleeper, it is increased by 25% on top bar and decreased by 10% on bottom bar compared to triangular lattice girder which however were in tolerable range according to structural analysis. As effective shear strength can be secured by effective section of sleeper concrete alone, no shear reinforcement is required and thus lattice bar seemed to serve the spacer to maintain the interval of top and bottom.

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When it comes to material quantity, the quantity for spiral lattice girder is about 80% of those for triangular lattice girder, indicating 20% reduction (Table 5).

Table 4. Structural performance of spiral lattice girder

<table>
<thead>
<tr>
<th>Category</th>
<th>Fy (MPa)</th>
<th>size (mm)</th>
<th>Section area (mm²)</th>
<th>quantity</th>
<th>Allowable tensile strength (kN)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Top bar</td>
<td>550</td>
<td>Φ12</td>
<td>113.1</td>
<td>1</td>
<td>62.2</td>
</tr>
<tr>
<td>Bottom</td>
<td>550</td>
<td>Φ12</td>
<td>113.1</td>
<td>1</td>
<td>62.2</td>
</tr>
<tr>
<td>Lattice bar</td>
<td>550</td>
<td>Φ6</td>
<td>28.3</td>
<td>1</td>
<td>6.14</td>
</tr>
</tbody>
</table>

Table 5 Material quantity of spiral lattice girder

<table>
<thead>
<tr>
<th>Category</th>
<th>length (mm)</th>
<th>size (mm)</th>
<th>Section area (mm²)</th>
<th>quantity</th>
<th>weight (kg)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Top bar</td>
<td>2,509</td>
<td>Φ12</td>
<td>113.1</td>
<td>1</td>
<td>2.23</td>
</tr>
<tr>
<td>Bottom</td>
<td>2,509</td>
<td>Φ12</td>
<td>113.1</td>
<td>1</td>
<td>2.23</td>
</tr>
<tr>
<td>Lattice bar</td>
<td>7,600</td>
<td>Φ6</td>
<td>28.3</td>
<td>1</td>
<td>1.69</td>
</tr>
<tr>
<td>Weight</td>
<td>Weight of triangular lattice girder</td>
<td>6.14</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Weight of required rebar per sleeper</td>
<td>12.28</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

As a result, spiral lattice girder has less stress and strain than triangular lattice girder which indicated spiral lattice girder have effect of constraining crack in concrete, extending the service life and minimizing the maintenance need. As a result of comparing and analyzing the structural performance of lattice girder alone, stress and strain on spiral lattice girder were less than triangular lattice girder. In addition, interference between spiral lattice girder and rail fastener and interval of insulators were reviewed and as a result, no interference was monitored. When it comes to cost efficiency, spiral lattice girder requires less rebar, resulting in reduction by ₩5,000/piece and royalty cost for technical tie-up would also be reduced, and for constructibility, no difference in construction method from existing bi-block sleeper was confirmed.

5. Conclusion

In this study, a Bi-block sleeper reinforced with spiral lattice girder which improves the durability and structural performance of the sleeper was proposed. Spiral lattice structure envelops the concrete inside to generate confinement effect which increases the compressive strength of concrete, thereby upgrading the structural performance. Finite element analysis model was prepared for performance verification so as to compare with the bi-block sleeper reinforced with triangular lattice girder. As a result, spiral lattice girder has less stress and strain than triangular lattice girder which indicated spiral lattice girder have effect of constraining crack in concrete, extending the service life and minimizing the maintenance need. As a result of comparing and analyzing the structural performance of lattice girder alone, stress and strain on spiral lattice girder were less than triangular lattice girder. In addition, interference between spiral lattice girder and rail fastener and interval of insulators were reviewed and as a result, no interference was monitored. When it comes to cost efficiency, spiral lattice girder requires less rebar, resulting in reduction by ₩5,000/piece and royalty cost for technical tie-up would also be reduced, and for constructibility, no difference in construction method from existing bi-block sleeper was confirmed.

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Reference

3. Korea Rail Network Authority (2013). Operation and Main-